

## WELCOME TO TREVERVA and LAMANVA

We hope you will soon feel settled in, and list below some information about the area that you may find helpful.

### **Budock Parish**

We are in the parish of Budock, and the local parish councillors are listed on the Council Website at <https://budockparish.net/>

### **Local GP Surgeries**

Constantine Surgery 01326 340666 Penryn Surgery (with a branch in Mawnan Smith) 01326 372502  
Other surgeries in Falmouth: Trescobeas Surgery, Westover Surgery and Falmouth Health Centre.

### **Veterinary Surgeries**

Rosemullion Veterinary Hospital Tregonigge Industrial Estate, Bickland Water Rd, Falmouth TR11 4SN  
01326 313991

Pets at Home: Ponsharden Roundabout, Falmouth Rd, Penryn, TR108AB. 0345 600 1921

**Refuse and Recycling collections:** Refuse is collected every Tuesday, and recycling every other Tuesday of the month. Garden waste is collected on alternate Fridays for a small annual payment to Cornwall Council.

**Newsletter** Mrs Pauline Cheshire produces a quarterly newsletter and this is delivered to every household. Any articles should be sent to Pauline at [pauline.cheshire@btinternet.com](mailto:pauline.cheshire@btinternet.com).

**Trevera Village Hall** We have a very useful hall here, suitable for parties, meetings, etc. The bookings secretary is Gilly Bennett on 01326 340779 or [trevervavh@btinternet.com](mailto:trevervavh@btinternet.com). The Village Hall Committee meets every quarter, with the AGM in October, and you are very welcome to come along to our meetings and find out more about the village. Details of activities can all be found in the newsletter and/or on the noticeboard.

**Mobile Library** Calls once a month by the telephone box. Dates and times are published in the newsletter and on the notice board The green and telephone box are village amenities.

**100 Club** We have a village lottery: for a payment of £12 a year you enter a monthly draw with cash prizes. For further details, Len Cheshire on 01326 340425 or Nicola Bownas at [trevervavh@btinternet.com](mailto:trevervavh@btinternet.com).

**Save The Children** Gilly Bennett is the organiser for our local branch, and often has handicrafts and cards available at her home, "Shalom". Please ring Gilly on 01326 340779 for further details.

**Neighbourhood Watch** Operates in the village. For information, please contact [trevervavh@btinternet.com](mailto:trevervavh@btinternet.com).

**Speed Watch** Because of ongoing speeding issues through the village, you will regularly see Speed Watch operating in the village of Trevera. If you would like to become involved contact [trevervavh@btinternet.com](mailto:trevervavh@btinternet.com).

### **Newspaper/milk/grocery deliveries**

Home delivery: The Spar shop in Constantine 01326 340394 and Lillie Brothers Ltd 01326374367  
There is a village store in Mabe with a post office, and fresh foods, pasties, etc., can be bought at the Argal Farm Shop on the way to Falmouth.

**Bus Service** There is a regular 'bus service to and from Falmouth and Helston, the timetable is on the post by the green.

Lamanva and Trevera are friendly places to live, so if you have any queries at all, just ask your neighbour for help!